



Weekly E-Newsletter
Stay Connected @ BCSS
Friday, October 2, 2015

Dear Parents and Guardians,

Week 4 saw the start of Fall-like weather and the clinching of the American League East, for the first time in 22 years, for the Blue Jays. Go Jays! It was a huge sports week, with the pep rally, Terry Fox Run/Walk, Ally Week for GSA, Me2We field trip to Toronto, plus many others things going on. Students did find time to attend classes, do their tests, labs, lectures, on top of all that as well. Bear Creek is a BUSY place!

Previous e-newsletters are available on the Bear Creek website: <http://bss.scdsb.on.ca/>

I am always open to suggestions and comments, so please contact me at twilkinson@scdsb.on.ca if you have something on your mind.

To the members of Bear Creek’s Jewish Community, we wish you “Chag Sameach!” (Happy Holiday) as you observe Sukkot.

Please follow me on Twitter: @VPWilkinson

If you see a topic you want to learn more about, you go to the item and press the “Ctrl” button while you click your cursor and you will be “magically” transported to the topic you chose. To “magically” transport back to the table of contents, go to the “Back to the Table of Contents” words at the end of each article, and press the “Ctrl” button while you click your cursor and you will be “magically” transported back to the table of contents.

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What’s Happening at BCSS?

Pop Tabs

If you have lunch in our cafeteria during lunch, you most likely get visited by Konor Moodie, a student in our Life Skills program. He collects pop tabs, sends them in somewhere and they turn into wheelchairs. Last year, his efforts resulted in the manufacture of 2 wheelchairs. I am hoping with your help, we can increase this number.

If you can, please collect pop tabs and have you or your teen bring them to school. They can drop them off at the office to be given to Konor. If your teen sees me, they can give them to me as well, and I will see that Konor gets the tabs.

Thanks very much.

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Legislative Assembly of Ontario Offering Model Parliament Program for Students in Grades 10 to 12

The [Legislative Assembly of Ontario Model Parliament](#) is a new educational program designed for civic-minded high school students in [grades 10 to 12](#), who are interested in current events and provincial issues. This unique educational experience will bring together 107 students, representing each of the province's ridings, for a three-day Model Parliament Program (Feb. 24 to 26, 2016) in Toronto. Students will have the opportunity to meet key figures in Ontario's parliament as well as learn about the history of the provincial legislature and the legislative process through workshops and presentations. Students will also have the opportunity to forge new friendships and meet like-minded students from across Ontario.

Through the Model Parliament Program experience, youth from across Ontario will gain a stronger knowledge of the province's parliamentary practices and traditions while participating in an authentic experience that will teach them the value and importance of our democratic process.

If your students are interested in the Legislative Assembly of Ontario Model Parliament, submit an [online application](#). Applications will be accepted until October 30.

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Dominican Humanitarian Trip BBQ

Thanks to all staff and students who helped make our barbeque a success this week! Since Costco had generously donated the hot dogs, buns and water we were able to generate a nice profit that will help fund the 21 students heading to the Dominican in February on a Humanitarian Aid Trip. We still have about 150 hot dogs left so we will be selling again next Friday, weather permitting. \$2 for a hot dog, \$3 for hot dog and a water.

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Dominican Humanitarian Trip Fundraising

Any students who are traveling to The Dominican on the Bear Creek Humanitarian Trip and want to sell oranges and grapefruits to help fund the trip, are asked to pick up their forms from Mrs. Grant in the Co-op Office room 185.

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Terry Fox Run

Bear Creek staff and students did their Terry Fox run/walk on Friday, October 2nd, all through the day depending on the grade (Period One: Grade 12's, Period Two: Grade 11's, Period Four: Grade 10's, Period Five: Grade 9's) for the last part of the period.

Any donation is appreciated and was collected in homerooms as well as when students got on the track. In the past, the schools I have been part of, implemented the idea of "Toonie for Terry" which, if each student participated, would raise over \$3,000 for the Terry Fox Foundation to eradicate cancer.

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Link Crew Conference

Bear Creek is hosting a Link Conference on Tuesday, October 6th, during periods 1, 2 and 3. There will be schools from around Ontario attending to hear a speaker coming up from California. Come to see Ms. Ketcheson in the Student Success office for more details and to sign up!

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Horatio Alger Association Canada Scholarship

The Horatio Alger Association of Canada provides \$650,000 annually in need-based scholarship support for deserving students in all Canadian provinces and territories. Scholarships of up to \$10,000 are awarded to full-time students in their terminal year of high school with financial need (family income under \$55,000) who have demonstrated integrity and perseverance in overcoming adversity, a commitment to pursue a post-secondary education, a desire to contribute to society, and a good academic record.

Application Deadline: October 25, 2015

How to Apply

The application process for the 2016 Horatio Alger of Canada Scholarship Programs is now open. High school seniors from all Canadian provinces and territories graduating in spring 2016 are now able to submit an online application. Visit the [About our Scholarships](#) page to learn more and apply.

See more at: <https://www.horatioalger.ca/en/scholarships/#sthash.TUjNHnzN.dpuf>

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Dance Team

Attention ALL Kodiak Dancers! We are excited to announce that we will be adding another Dance Team.

A Junior Dance Team is starting for grades 9's and 10's only. All are encouraged and welcome to auditions.

Auditions for both the Senior and Junior Dance Team will happen on October 1st after school in the NEW Dance studio. Each dancer will perform a one minute solo of ANY style for the coaches only.

Second part of the audition process, happened on Friday, October 2nd at Lunch.

Should you have any questions please speak to Mrs. Robert or Mrs. Burns.

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Fire Prevention Week, October 4 – 10, 2015



What's your smoke alarm IQ? How often should you replace your home's smoke alarms? And, how often do you need to test them?

Test your knowledge with the NFPA [Fire Prevention Week quiz](#).

Did you know that roughly half of home fire deaths result from fires reported between 11 p.m. and 7 a.m., when most people are asleep? Smoke alarms save lives. If there is a fire in your home, smoke spreads fast and you need smoke alarms to give you time to get out. In fact, having a working smoke alarm cuts the chances of dying in a reported fire in half!

When it comes to smoke alarms, it's about "location, location, location". The key message of this year's Fire Prevention Week campaign, October 4-10, is to install smoke alarms in every bedroom, outside each separate sleeping area, and on every level of your home, including the basement. Larger homes may need more alarms.

Make sure your family:

- 🔊 Test smoke alarms monthly
- 🔊 Change the batteries once a year (usually at "Fall back" - Daylight Savings Time, when we move the clocks back)
- 🔊 Replace smoke alarms after 10 years
- 🔊 Develop and practice a home fire escape plan with everyone in your household

For more information and fun resources for kids, visit: www.nfpa.org/safety-information/fire-prevention-week/for-kids-and-families.

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Free Math Help for Students in Grade 7 To 10

Homework Help is a free online math help resource for students in Grades 7 to 10. Homework Help provides FREE, live one-on-one tutoring from Ontario teachers, and is funded by the Ontario government and administered by TVO. Students can ask their math questions during chat room hours, Sunday to Thursday, 5:30 – 9:30 p.m. You will need your teen's OEN # - if you don't have that, e-mail me and I will get it for you. For more information and other math resources, visit: <https://homeworkhelp.ilc.org>.

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Yoga

Yoga will be starting soon. Any students interested in exploring yoga are invited to a brief meeting Tuesday at the beginning of lunch, in room 100. No experience necessary. See Mrs. Dold for more information.

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PRO (Parents Reaching Out) Grants

SCDSB Schools Receive Over \$73,000 for Parents Reaching Out Projects

The Simcoe County District School Board (SCDSB) has been granted more than \$73,000 this school year to connect with parents through the Ministry of Education's Parents Reaching Out (PRO) Grants for School Councils and for PRO Grants for Regional Projects.

SCDSB School Council Projects

Individual school councils apply for PRO Grants to support initiatives that focus on ways to further engage parents in their child's education. These projects feature topics of relevance to each school community, including mental health, safety online, parent engagement and family literacy and math events. In total, this year SCDSB school councils are receiving \$40,115 in funding for 41 school-based projects.

View a complete list of [2015-2016 SCDSB PRO Grants for school councils](#).

SCDSB Regional Projects

PRO Grants for Regional Projects are available to various community groups, non-profit organizations and educational systems to create more opportunities to work with parents as partners.

This year, the SCDSB has been awarded four regional grants:

1. "Inclusive and Assistive Technology Awareness Exhibition" will demystify assistive technology and demonstrate how it is becoming more mainstream and available.
2. "Transition Program for Students and Parents Involved with School Realignment and Closure" will encourage positive relationships between families affected by school closures.
3. "We're All Outside Together" will engage families to enhance the frequency and quality of outdoor learning experiences to support student achievement.
4. "Circle of Learning- Family of Schools Outreach" will support events introducing healthy eating and habits to parents, and improve understanding of learning strategies at schools across Simcoe County.

View a complete list of [2015-2016 SCDSB PRO Grants for regional projects](#).

Further details on PRO programs can be found on the [Ministry of Education's website](#).

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EduTravel

The SCDSB has once again partnered with EduTravel to offer SCDSB students the unique opportunity to earn secondary school credits while travelling abroad. They are offering the following programs this year:

March Break

International Business (BBB4M) and Fashion Studies (HNB4M) – New York City

NEW Environmental Science (SVN3M) and Environment and Resource management (CGR4M) – Dominican Republic

Summer School (July)

Civics and Careers – Ottawa, Montreal and New York City

Biology (SBI3U and SBI4U) – Fiji

EduTravel will be visiting Bear Creek on October 14 during lunch.

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Recycle Your Books

If you have any young readers at home that have outgrown their books and they ready to part ways with them, we will gladly accept them in the Learning Centre. Please let us know as we are adding new books to our collection daily.

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Bottle Drive for Rugby

The rugby team is doing a bottle drive October 3rd in the community. If you happen to have empties lying around and would like to bring them to school (portable 405), we would appreciate the support and would save you a trip to the beer store.

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Citrus Fruit Fundraiser for Rugby

A box of oranges can be purchased for \$30 or grapefruit for \$25. If a student does not ask you and you would like an order please email Deanna or myself and we will get those delicious items to you in early December. Citrus is fresh from Florida and last for months in the cold cellar.

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#tweetsweet @ Georgian College

On Wednesday, November 18th from 11am to 12:00 pm, Georgian College is excited to host April Reimer, the founder of #tweetsweet as part of Georgian College's Mental Health and Addiction Awareness Week. During the 2013-2014 season, April was cyber-bullied through Twitter after her husband James Reimer (Toronto Maple Leafs goalie) was not performing up to standards on the ice. Since her husband does not have a Twitter account, fans decided to take out their frustrations on her. In addition to her Twitter attack that made national news, she also had "frustrated fans" calling and texting her personal cell phone number, without identifying themselves.

In response, she is taking what others intended for pain and turning it into something positive. She started the #tweetsweet campaign challenging students to say positive things online and in return using her resources to reward students for contributing to a healthy online community.

Unfortunately, cyberbullying is a reality for both secondary and post-secondary students, with this in mind, Georgian College would like to extend an invitation to our local secondary students to attend this free event. It is an opportunity for students to hear about the impact of cyberbullying and strategies for addressing it. We want secondary students to know that this is an issue that Georgian College takes seriously.

If your teen is interested in going, please see Guidance and/or Student Success.

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Samsung Solve for Tomorrow Challenge!

Would you like to win a share of \$500,000 in Samsung technology for your school? Sign up for the Samsung Solve for Tomorrow Challenge!

The Learning Partnership is joining Samsung Canada to launch the Samsung Solve for Tomorrow Challenge, a national educational challenge designed to inspire Canadian students to reach their full potential and get closer

to science, technology, engineering and math (STEM) subjects by applying them to help better their communities – and win new technology for their schools!

- Students will be asked to identify an existing challenge or issue they are passionate about in their town, city or neighbourhood, and use STEM to help solve it.
- The challenge is open to all students and teachers in Grades 6-12 at publicly funded schools across Canada.
- Finalist schools will share in \$500,000 in Samsung classroom technology. Solve for Tomorrow Challenge partners include Canadian YouTube stars Mitch Moffit and Greg Brown of [AsapSCIENCE](#). Mitch and Greg will visit two grand prize winning schools to learn about their winning student projects and feature them in an AsapTHOUGHT video; they'll also host an epic STEM lab experience at the winning schools.
- The first phase of the contest runs September 23 to November 30, 2015.

To learn more, visit solvefortomorrow.ca and follow @SamsungCanada and #SamsungSolve on Twitter, Facebook and Instagram.

Contact: Paul Cartwright,
North Strategic for Samsung Canada at paul.cartwright@northstrategic.com

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A & E Canadian Classroom - 2015 Lives That Make a Difference Essay Contest – For Students and Teachers

Welcome to the 2015 Lives That Make a Difference Essay Contest.

If you go to <http://www.livesthatmakeadifference.com/index.html> , you can learn more about this year's essay contest and Official Rules, check out last year's essay winner, and submit your own essay into the competition!

A Bear Creek Student Could Win \$3,000!

Students in grades 5-12 may enter by writing an essay based on someone they think made the biggest impact on Canadian society in 2015. Prizes are awarded in two grade levels: 5th - 8th grade and 9th - 12th grade. Two winners will be selected in each level.

GRAND PRIZE
Student: \$3,000 Prize
Department/Classroom
of Teacher: \$1,000 Cash

FIRST PRIZE
Student: \$2,000 Prize
Department/Classroom
of Teacher: \$1,000 Cash

Contest ends **December 11, 2015.**

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2016 Canada's Outstanding Principals

DO YOU KNOW AN INNOVATIVE AND OUTSTANDING SCHOOL PRINCIPAL?

Every year The Learning Partnership honours principals across the country who exemplify excellence in public education. Nominations for the 2016 Canada's Outstanding Principals awards are now open. Submissions are invited from school boards, colleagues, parents, teachers, students and all community members.

[Nominate an Outstanding Principal Today!](#) Submission Deadline is **November 2, 2015**

For more information, please contact: Jon Powell, Program Manager at 416.440.5112 or jpowell@thelearningpartnership.ca

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University and College Upcoming Dates

SOME GRADE 12'S: University Application Tutorial: Tuesday, November 3 per. 2 in the cafe

SOME GRADE 12'S: College Application Tutorial: Wednesday, October 28 per. 1 in the cafe

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College Information Fair

Attention all potential graduates...On Friday, October 30th, we will be sending a bus to Georgian College for the College Information Fair. This will be a great opportunity to see all of the colleges in one location to ask important questions about your intended pathway. Please come down to guidance to get a permission form in order to get on the bus. There is no fee and we will only take the first 40 students, so you should get this done ASAP. Please see Mr. Hawes if you have any questions or concerns.

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University Information Program Evening

The Standing Committee on Student Recruitment has finalized the schedule for the fall 2015 University Information Program (UIP). They are looking forward to visiting Barrie to connect with interested students and their families.

Please save the date and plan to join them at this year's University Information Program at:

School Name: St. Peter's CSS

School Address: 201 Ashford dr.

Date: Monday, October 19th, 2015

Time: 6:30 pm - 9:00 pm

Format: Traditional Style (15 min you + 3 x 35 min. Presentation + 30 min. Roam)

See Guidance for more information.

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Maclean's Student Life Expo

Thinking of upgrading your future? Be inspired! Entertained! And Informed about various pathway options available as you prepare for your post-secondary lives. Plan to attend the Maclean's Student life expo at the Metro Toronto Convention Centre on October 17th and 18th. Free tickets are available in Guidance. Pick some up today!

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Music Repertoire

Music Repertoire class – meets Tuesdays, at 11:15 sharp - come ready to play!

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Wind Ensemble

A reminder to Wind Ensemble that our first rehearsal goes Tuesdays at 2:30! Please ensure you have all of your equipment assigned prior to rehearsal!

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Concert Choir

If your teen loves to sing, that Concert Choir started rehearsing Wednesday, after school, in the Music Room. It is not too late to join. Just meet us in Room 156 at 2:35 ready to sing and have fun. We hope to see you there.

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B. O. B. is Now S.W.A.T.

Attention all past, present and future “BOB” (The Bunch of Believers) club members! We are now called Students With A Testimony. Bring your lunch and get ready to enjoy The Teen Alpha Program! We will be meeting on Tuesdays at lunch, in room 206 on Tuesdays! Please see Mr. Rourke or Mrs. Grant if you have any questions!

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Georgian Football Festival starts Wednesday at Barrie Community Sports Complex



Head coach Sam Loucks runs members of the Bear Creek Kodiaks junior football team through bag drills during the start of practice.

The Bear Creek Kodiaks junior football team opened the season with a 43-8 win over the Orillia Secondary School Nighthawks.

The Kodiaks are back in action on Wednesday when they face the Innisdale Invaders at 2 p.m. at the Barrie Community Sports Complex in Midhurst in the opening game of the renamed Georgian Football Festival, formerly known as Barrie Examiner Thursday Night Lights.

Source: “Georgian Football Festival starts Wednesday at Barrie Community Sports Complex”, September 29, 2015 - Barrie Examiner, Mark Wanzel/Photo

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National Democracy Challenge 2015

Canada's Democracy Week (#CDW2015) and its flagship activity, the National Democracy Challenge (#NDC2015), coincide this year with the 42nd federal general election.

#CDW2015 and #NDC2015 are aimed at Canadians under voting age. The initiatives feature hands-on activities to enhance knowledge and understanding of how Canada's democracy works and the role under-18s play in it.

This year's theme, *Let's Get Canada Ready to Vote!*, encourages Canadians to plan their participation in the 2015 federal election.

For more information on where, when and how to register and vote, check out the **[Elections Canada website](#)**.

The deadline to enter the Challenge will be November 9, 2015. Canadians aged 14 to 17 can enter the National Democracy Challenge 2015.

Prizes

Video Category

1st Place – Trip to Ottawa to attend Encounters with Canada's Democracy and Youth Week

2nd Place – GoPro Hero4 camera

3rd Place – \$200 Best Buy gift card

Text Category

1st Place – Trip to Winnipeg to participate in a human rights program at the Canadian Museum for Human Rights

2nd Place – Apple iPad Air 2 64GB

3rd Place – \$200 Best Buy gift card

Image/Artwork Category

1st Place – 64GB Apple iPhone 6

2nd Place – Kobo Aura H2O and \$100 Indigo gift card

3rd Place – \$200 Best Buy gift card

School Challenge - The school with the most eligible entries

Trip for one student to attend Forum for Young Canadians' week-long civic education program in Ottawa.

More information is available at www.democracy-democratie.ca .

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Bear Wear

Get your Bear Wear today! Visit the School Store to check out all of our Kodiak clothing and spirit items!

Those of you who pre-ordered this past spring, your items are ready for pick-up. Come to the School Store in the forum between 10:50 and 11:30!

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Now Accepting Applications for Loran Scholar Foundation Awards

Online applications are now open for the Loran Awards. Students can find out more about eligibility criteria, the application process and see a sample copy of the application form.

Each high school can sponsor up to **three students** for these scholarships, which are valued at up to \$100,000 each

over four years of university. **October 21** is the deadline for sponsored applications.

If more than three students are interested in applying, some can apply without sponsorship to the direct pool. Direct pool applications are due October 28.

What do we look for in selecting scholars?

Loran Scholars are young people who deeply value integrity and honesty. They are curious by nature, and are interested in a wide range of subjects. Furthermore, they are willing to take meaningful risks and prioritize results over appearances. Each one has shown a sustained commitment to service in the community, has taken the initiative to create positive changes and is interested in working for a better world.

Sponsorship & Reference Guidelines

1. Candidates wishing to be sponsored must select *Sponsored by my school* in the online application, and then enter the name and email address of their school sponsor under School Contact in the Educational Background section.
2. Every candidate must get a letter of reference, whether they end up in either the sponsored or direct pool. The reference does not have to be completed by the school sponsor. Anyone who knows the candidate and their activities well, who is not a family member or a friend, may complete the letter of reference.
3. Once the letter of reference has been submitted, the school contact will receive an email asking whether or not the student is being sponsored by the school. This email will include a copy of the student's application and transcript. The online sponsorship form takes about 2 minutes to complete.
4. It is the responsibility of the candidate to ensure that both the reference writer and the school sponsor have sufficient time to complete their parts before the deadline. We are encouraging all candidates to express interest to their schools as early as possible.
5. If the student is not one of the sponsored candidates, or if their sponsorship is not complete by October 21, they will be automatically entered into the direct pool.

For further inquiries:

website: www.loranscholar.ca

phone: 416-646-2120

toll-free: 1-866-544-2673

email: info@loranscholar.ca

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Simcoe County Special Needs Information Fair – Next Week

Do You Have a Child with Special Needs Ages 0 - 21?

Find answers to your questions at the Simcoe County Special Needs Information Fair

- Free Admission
- Free Skilled Child Minding for Children of all Ages and Needs
- Everyone Welcome including Parents, Families, Caregivers, Teachers and Therapists

- Get connected and access information on everything from recreational activities, family resources, financial help, funding, therapy options and so much more!
- Public and private services will be present
- Drop in - No need for registration
- Information sessions offered throughout the day - topic details and times will be posted on the CTN website at www.ctnsy.ca closer to the date

Thursday, October 8, 2015

1:00 - 6:30 p.m.

Mapleview Community Church

300 Mapleview Drive West, Barrie ON

For more information contact:

Lori Brown 705-719-4795 ext.2255 / lbrown@ctnsy.ca

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GSA

The Gay-Straight Alliance meets during lunch in room 120 on Fridays. Bring your lunch, and new members are always welcome. This week's meeting was cancelled due to the fact that the GSA was running Ally Week where people made pledges of support.

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College Visits

The sign up binder for college rep visits is now available in guidance. Sign up today to get a spot reserved, for:

Humber College	October 6
Seneca College	October 9

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University Visits

The sign up binder for university rep visits is now available in guidance. Sign up today to get a spot reserved, for:

Wilfrid Laurier University	October 5
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Me2We Club

Do you want to change the world? The Me2We club meets every Monday, in room 238, at lunch. Come on out and see what it's all about!

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Volunteer Opportunities

**VOLUNTEER!
GET INVOLVED!
BE A PART OF YOUR COMMUNITY!**

Do you want to volunteer or get a summer job? Not sure where to start? Check out Bear Creek's volunteer and student job opportunity board located outside of the Guidance office. It is updated weekly with fantastic opportunities! Still not sure what to do? Make an appointment with your Guidance Counsellor for some further suggestions.

Remember, EVERY student must complete a minimum 40 hours of volunteer work to graduate.

Please submit your "Completion of Community Involvement Activities" sheet (this sheet can be found either on-line or at the Guidance office; I also have attached it) to the Guidance office as soon as it is signed by both you and a parent.

1. Do you need community service hours? Do you enjoy watching sports? Do you want to get involved in the sporting community at Bear Creek? Then the Home Game Crew might be for you! The home game crew is a group of people who help to set up for and score keep all the various sports that happen at Bear Creek. If you are interested, please see Mr. Wilkey in Student Success room 110.

2. The South Simcoe Theatre, Innisfil's home for Great Community Theatre, is getting ready to begin another year of entertainment. They are putting the call out for student volunteers from our local high schools, whether they are looking to complete volunteer hours, continue a love for the arts, or are just looking for a great experience! They've had countless former and present students take part and many have returned even after their hours are completed.

This year, South Simcoe Theatre will be presenting two musicals, one play, one Christmas pantomime, and a play reading weekend. Mounting this season will require volunteers in different capacities from September through to June.

They are always looking for technical and backstage crew to help put their shows on. Students that are interested in learning this side of the theatre work closely with the director, stage manager, and actors to craft the show and bring it to the stage. These positions require a commitment to be at the theatre for rehearsals and shows for the run of the show, which is roughly three to four months, three to four nights a week that could include weekends.

If you can't commit to something long term or on a set schedule, they also need help on their Saturday set building crew. Headed up by experienced artisans, students will construct set and prop pieces and use any number of techniques to make them as realistic as possible. There are many students who come out to help with all the season's productions in this capacity. No previous artistic skill is required, just a great attitude and a willingness to learn.

If you have a sporadic schedule filled with a lot of other commitments, volunteering with the Front of House team allows you the flexibility of coming in on your own schedule. Their shows run for three weeks on Thursday, Friday & Saturday nights and Sunday afternoons. The commitment here would be three to four hours on whatever days you could make it. The Front of House team collects tickets from patrons at the door, hands out programs, prepares and sells the snacks for sale and intermission and provides any general information a patron could ask for.

Their business has always run on the strength of volunteers and they welcome you to join in that long standing tradition. They want to work with you to find the best fit for you. Please contact them at the theatre's box office number of 705-458-4432 or by e-mail at info@southsimcoetheatre.com or to Daniel Galea at danielgalea99@hotmail.com. You can also check them out on our website www.southsimcoetheatre.com that has a link to their Facebook page.

3. Drysdale's Tree Farm are offering volunteer opportunities to high school students during their Halloween Festivities, which run every weekend in October. They are seeking student volunteers for this Halloween

season to assist with the various attractions they offer to the public here at Drysdale's. A portion of their proceeds go toward Camp Quality – Southern Ontario, a national charitable organization devoted to providing free camp experience and year-round programming for children with cancer.

They are seeking enthusiastic performers to play a part in their Haunted Wagon Ride and in their Harvest Village (which includes pumpkin picking and face painting).

If any students are interested, please have them contact drydaleshalloween@gmail.com for more information.

4. Why you should volunteer at Goodwill:

Goodwill offers flexible, 7 days/week scheduling for the following positions:

- Build new skills to improve your resume
- Enhance your communication and customer-service skills
- Obtain results-oriented experience
- Complete your 40 hours of community service

Apply online at www.goodwill.on.ca or email volunteer4good@goodwill.on.ca

Volunteers must be a minimum of 14 years of age. Accumulation of community involvement hours may begin the summer after completing Grade 8.

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Sports News

The scores and schedules across the County are on <https://www.hometeamsonline.com>; type “scaa ‘your sport’” in for league (i.e. scaa football).

Next week’s sporting events look like:

October 5 th	October 6 th	October 7 th	October 8 th	October 9 th
	Sr. Girls’ Golf GB’s @Settler’s Ghost	Girls’ Flag Football @ Innisdale	X-Country Race Meet #3 @Horseshoe	Jr./Sr. Boys’ Football @Nantyr
	Boys’ Soccer vs Eastview	Jr. Boys’ Volleyball @ Eastview	Boys’ Rugby 7’s Tournament @ Midland	
	Sr. Boys’ Golf GB’s @ Tangle Creek	Jr./Sr. Girls’ Basketball @CCI	Sr. Tennis GB’s @ Collingwood	
			Girls’ Flag Football @ Bear Creek	

Are you a new student to Bear Creek in grade 10, 11, or 12 and are interested in playing sports? Did you transfer from another high school? Please come to see Mr. Wilkey in Student Success (room 130, I think) to fill out the necessary forms so you can play sports this year.

On Monday, September 28, the Junior Girls’ flag football team took on Elmvale. Your girls came out on fire, scoring on numerous occasions. Touchdowns were scored by **Sacannah Cover-Wright**, **Georgia Koson**, **Emma Armatage**, **Tyne Sera**, and **Jillian Steele**, while rookie defender, **Nikki Delare**, picked off her second interception in as many games.

Final Score - Bear Creek 46, Elmvale 7.

Congrats to the whole Bear Creek **Tennis** team!

We had a Bear Creek Final with our two **girls' doubles** teams playing each other and finishing first and second! Our **mixed double** team finished second and both our **singles** players showed very well and may have the opportunity to attend GB's as well! It was total Bear Creek domination!

Congrats to the following members: Tyler Seymore Bates, Stacy Ossipov, Keegan Martin, Haley Shedlosky, Justin Yerex, Kathleen Hamilton, Ryle Henderson, Liz Hocking, Carley Macamera, Kiely Praught

The Bear Creek **Junior Boys' volleyball** team, left the den and headed to the owls nest in Collingwood, on Thursday, October 1st. The boys showed that working together as a team, and dedicated practice leads to improved play and being competitive.

Congrats to the **Boys' soccer** team with their 2-0 win over Innisdale. Both goals go to Gabriel Correia. Assists go the rest of the team.

Congrats to the **Cross Country** team for their performance on Thursday, October 1st at Horseshoe Valley. **Matthew Courtenay** won the **Senior Boys'** race and the **Midget Boys'** team of **Michael Paul, Braden DeGrace, Benyl Olak,** and **Jaden Arnott** finished first overall.

The annual **Junior Girls' Basketball** tournament will occur on October 2nd and 3rd (after school on the 2 starting at 3 and all day Saturday).

The annual **Senior Girls' Basketball** tournament will occur on October 23rd and 24th (after school on the 23 starting at 3 and all day Saturday)

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Important Dates

Starts nightfall of Sunday, September 24 -
Ends nightfall of Sunday, October 4
Wednesday, September 30

Sukkot

Friday, October 2
Thursday, October 8
Thursday, October 8
Monday, October 12
Thursday, October 15

School Council, 7 pm in Career
Centre
Terry Fox Run
Picture Retake Day
Progress Reports Out
Thanksgiving
Parent-Teacher Night

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Positively Speaking

Positive Thinking in Difficult Times

It is rather easier to feel positive when everything goes well, but real positive thinking is revealed when you can maintain it difficult times. It is then that you need it most.

In difficult times, when there are problems and the economic condition is tough, it is so easy to get into negative thinking and self-pity, and be sucked into a vicious circle of worries, fears and the expectation of more problems, lack of money or poverty.

You may read books and articles on positive thinking, and believe that you are positive, but when difficulties and rough times appear, you just forget everything and focus on the problems and difficulties, instead of believing in yourself, looking for solutions and seeking and seizing opportunities.

If you have no job, no money and the future looks bleak, you might:

- ✓ Indulge in self-pity and feel bad and helpless.
- ✓ Indulge in worries and fears and expect more problems.
- ✓ Become resentful and angry at the world and at successful people.
- ✓ Be sad and focus on your problems.

Does this attitude help you in anything? No, it will only get you deeper into problems, because when you see and expect problems you create more problems. This is where positive thinking and positive attitude are required. It is true, it is not so easy to reject negative thinking in such circumstances, and even if you try, you might find yourself again and again reverting to negative thinking and dwelling on your problems.

If you have lost your way in a forest, will thoughts about your predicament help you? If you just sit down on a rock, and think and imagine that you will never find your way out help you in any way?

If you have failed, lost money or your job, will thinking how bad your condition is help you find a new job or earn money?

Wherever you are now, whatever your situation is, there is always a way out. This might require a different way of thinking, a different approach or developing new skills. Forget the past, as you cannot change it, but you can change your present, and when you change your present, you also change your future.

Keeping a positive attitude, expecting the best, striving to do the best and refusing to indulge in self-pity, negative thinking and worries is the road to a better and happier life.

Source: "Positive Thinking In Difficult Times", by Remez Sasson, October 17, 2008, <http://www.successconsciousness.com/blog/motivation/positive-thinking-in-difficult-times/>

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Parent's Corner

Three Steps Can Help Your Teen Take Responsibility for Learning

It's ten o'clock and your teen hasn't started their paper. They've been in their room for hours, but between texting their friends and checking Facebook, their total work output so far is zero.

You want your teen to finish their homework, but you don't want to spend every minute looking over their shoulder. Here are three things you can do to turn over responsibility for learning to your teen:

1. Make a weekly homework schedule. At the start of the week, grab a calendar and mark off scheduled events, such as appointments, practices, and work. Then, mark off time for homework every day. This should be at least a two-hour block of time when they will study, review, do homework, or begin a project.

2. Eliminate technological distractions. The computer and the cell phone are much more interesting than homework. So, have them turn them off during study time. Their phone should not be with them during homework time. They should also finish homework that does not require the Internet before going online.
3. Take breaks. But set how long - and how many - before study time starts.

Source: A. Homayoun, "That Crumpled Paper Was Due Last Week: Helping Disorganized Boys Succeed in School and Life", Perigee Books

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Parent Pointer Calendar for the following week (Oct. 5 – Oct. 9)

Monday 5 th	Tuesday 6 th	Wednesday 7 th	Thursday 8 th	Friday 9 th
Share what makes you happy and what causes stress in your life with your teen.	Talk with your teen about what makes a good friendship.	Teens who read regularly earn the highest grades. Start a daily reading time for the entire family.	Tell your teen about your day in as much detail as you would like to hear about their day.	Most teens aren't aware of what's going on in the world. Make it a point to watch the news and discuss it.

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Have a great, restful weekend! The leaves are changing colour and it may be a beautiful walk if the sun cooperates!

Be well!

Terry Wilkinson

Vice-Principal
Bear Creek Secondary School

P.S. (Positive Statement):

“Positive thoughts are not enough. There have to be positive feelings and positive actions.”

- Remez Sasson

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P.P.S.: If you like what you have read so far, please tell another parent/guardian, get them to e-mail me, and I'll add them to the e-mail list.